

December 2023

Blackend Chicken | Seasoned Chicken Breast | Dirty Rice | Smothered Cabbage

Shrimp Scampi | Shrimp Sauteed in Seasoned Butter | Angel Hair Pasta | Fresh Steamed Broccoli

Cajun Chops | Sauteed and Seasoned Pork Chop | Red Beans and Rice | Green Beans

Blackened Platter | Blackened (Salmon, Chicken, or Shrimp) | Creamy Cajun Pasta | Sauteed Spinach

Chicken Salad Sandwich | Cajun Roasted Chicken and our secret seasoning | Croissant | Mixed Fruit

Sassy Salad | Spring Mix | Protein (shrimp, salmon, chicken) | cucumbers | tomatoes (roasted or sliced cherry) | cranberries or chopped apples | toasted pecans or almonds | Cheese (gorgonzola, blue cheese crumbled, cheddar) |

4 meals for \$45 | \$11.25 per meal (+\$3.00 for shrimp or salmon)

8 meals for \$85 | \$10.63 per meal (+\$3.00 for shrimp or salmon)

16 meals for \$160 | \$10.00 per meal (+\$3.00 for shrimp and salmon)

**** 10% service charge**

Meal Deliveries are Mondays and Thursdays ordered minimum 3 Days Prior